

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>HAPPY JULY FOURTH 4</p> <p>10:00 Fit as a Fiddle 3 FL 10:30 David Jeremiah 2 FL 11:00 Aerobic Workout 3 FL 1:30 Euchre 2 FL 2:30 Scrabble 2 FL 3:00 Checkers 2 FL</p> <p><small>Independence Day (US)</small></p>	<p>5</p> <p>9:00 Coffee & Devotions 2 FL 10:00 Chair Yoga 3 FL 10:30 Cornhole 3 FL 11:00 Fit as a Fiddle 3 FL 1:00 Aerobic Workout 3 FL 2:00 Euchre 2 FL</p>	<p>6</p> <p>10:00 Aerobic Workout 3 FL 10:30 Fit as a Fiddle 3 FL 11:00 Tai Chi 3 FL 1:00 Chair Yoga 3 FL 2:30 Presidents Trivia 2 FL 6:30 Evening Worship 2 FL</p>	<p>7</p> <p>10:00 Chair Yoga 3 FL 10:30 Fit as a Fiddle 3 FL 11:00 Tai Chi 3 FL 1:00 Warm up/ Aerobic 3 FL 2:00 Bingo & Popcorn 2 FL 3:00 TED TALK / What Makes A Good Life 2 FL</p>	<p>8</p> <p>10:00 Hallway Bowling 3 FL 1 10:30 Fit as a Fiddle 3 FL 11:00 Chair Yoga 3 FL 11:30 TED TALK 2 FL 1:00 Walmart Shopping 3:00 Trivia / History of Fireworks & Fourth of July w/ Ice Cream on a Stick 6:30 Bible Study w/ Bill 2 FL</p> <p><small>Canada Day</small></p>	<p>9</p> <p>SALON OPEN</p> <p>10:00 Fit as a Fiddle 3 FL 10:30 Chair Yoga 3 FL 11:00 Aerobic Workout 3 FL 1:00 Wine & Canvas Painting 2 FL 3:00 Happy Hour Party / Wear Your Red White & Blue 2 FL</p>	<p>3</p> <p>10:00 Fit as a Fiddle 3 FL 10:30 Aerobic Workout 3 FL 1:00 Chair Yoga 3 FL 2:30 Euchre 2 FL 3:00 Scrabble 6:00 Netflix Movie</p>
<p>11</p> <p>10:00 Fit as a Fiddle 3 FL 10:30 David Jeremiah 2 FL 11:00 Aerobic Workout 3 FL 1:00 Scrabble 2 FL 1:30 Euchre 2 FL 2:30 UNO 2 FL</p>	<p>12</p> <p>9:00 Coffee & Devotions 2 FL 10:00 Cornhole 3 FL 10:30 Tai Chi 3 FL 11:30 El Nopal /Lunch 1:00 Aerobic Workout 3 FL 1:30 Cards to Soldiers 2 FL 2:30 Bible Challenge 2 FL 3:30 Scenic Drive</p>	<p>13</p> <p>10:00 Cornhole 3 FL 10:30 Seated Cardio 3 FL 10:45 Fit as a Fiddle 3 FL 11:00 Craft / Bead Bracelets 2 FL 1:00 Aerobic Workout 3 FL 2:00 Pick A Topic 2 FL 3:00 Scrabble 2 FL 6:30 Evening Worship 2 FL</p>	<p>14</p> <p>10:30 Residents Meeting 2 FL 11:00 Digital Drop w/ Sandy From Library 2 FL 11:30 Chair Yoga 3 FL 1:00 Fit as a Fiddle 3 FL 2:00 Bingo & Popcorn 2 FL 4-6 Operation Backpack</p>	<p>15</p> <p>10:00 Fit as a Fiddle 3 FL 10:30 Balloon Volleyball 3 FL 11:00 Landmark Trivia 2 FL 1:00 Walmart Shopping 2:30 Darts w/ Root Beer Float 2 FL 3:30 Word Find Challenge 2 FL 6:30 Bible Study w/ Bill 2 FL</p>	<p>16</p> <p>SALON OPEN</p> <p>10:00 Cornhole 3 FL 10:30 Fit as a Fiddle 3 FL 11:00 Tai Chi 3 FL 1:00 Wine & Canvas Painting 2 FL 2:00 Scenic Drive 3:30 Wheel of Fortune Outside / West End</p>	<p>17</p> <p>10:00 Fit as A Fiddle 3 FL 10:30 Chair Yoga 3 FL 1:00 Aerobic Workout 3 FL 2:00 Scrabble 2 FL 2:30 Checkers 2 FL 3:00 Euchre 2 FL</p>
<p>18</p> <p>10:00 Chair Yoga 3 FL 10:30 David Jeremiah 2 FL 11:00 Fit as a Fiddle 3 FL 1:30 Aerobic Workout 3 FL 2:00 Euchre 2 FL 3:00 Checkers 2 FL</p>	<p>19</p> <p>9:00 Coffee & Devotions 10:00 Fit as a Fiddle 3 FL 10:30 Aerobic Workout 3 FL 11:00 Chair Yoga 3 FL 1:00 Seated Cardio Workout 3FL 2:00 Hangman Game 2 FL 3:00 Olympic Trivia 2 FL</p>	<p>20</p> <p>10:00 Drum Therapy 3 FL 10:30 Fit as a Fiddle 3 FL 11:30 Edinburg Diner / Lunch 1:00 Seated Cardio 3 FL 2:00 First Man On the Moon w/ Moon Pie 2 FL 3:00 Scenic Drive 6:30 Evening Worship 2 FL</p>	<p>21</p> <p>10:00 Cornhole 3 FL 10:30 Fit as a Fiddle 3 FL 11:00 Nature Walk 1:00 Aerobic Workout 3 FL 1:30 Chair Yoga 3 FL 2:00 Bingo & Popcorn 2 FL 3:00 U. S. History Trivia w/ Lemonade & Cookies 2 FL</p>	<p>22</p> <p>10:00 Fit as a Fiddle 3 FL 10:30 Morning Stretch/ Aerobic Workout 3 FL 11:00 News & Views 2 FL 2:00 Mini Olympic Games Outside West End 3:30 Cupcakes / Outside 6:30 Bible Study w/ Bill 2 FL</p>	<p>23</p> <p>SALON OPEN</p> <p>10:00 Hallway Bowling 3 FL 10:30 Fit as a Fiddle 3FL 11:00 Craft/ Making Butterfly Magnets 2 FL 1:00 Aerobic Workout 3 FL 1:30 Wheel of Fortune 3 FL 3:00 Happy Hour w/ Dan Mobley 2 FL</p>	<p>24</p> <p>10:00 Chair Yoga 3 FL 10:30 Fit as A Fiddle 3 FL 1:30 Aerobic Workout 3 FL 2:00 Euchre 2 FL 3:00 Scrabble 2 FL 4:00 UNO 2 FL</p>
<p>25</p> <p>10:00 Fit as a Fiddle 3 FL 10:30 David Jeremiah 2 FL 11:00 Aerobic Workout 3 FL 1:30 Chair Yoga 3 FL 2:30 Euchre 2 FL 3:30 Checkers 2 FL</p>	<p>26</p> <p>9:00 Coffee & Devotions 10:00 Nature Walk 10:30 Cornhole 3 FL 11:00 Fit as a Fiddle 3 FL 11:30 Lucas Brothers/ Lunch 1:00 Aerobic Workout 3 FL 3:00 What America Means To Me 2 FL</p>	<p>27</p> <p>10:00 Drum Therapy 3 FL 10:30 Fit as A Fiddle 3 FL 11:00 Tai Chi 2 FL 11:30 Balloon Volleyball 3 FL 1:00 Aerobic Workout 3 FL 2:00 Crafts w/ Grandkids Day 2 FL 6:30 Evening Worship 2 FL</p>	<p>28</p> <p>10:00 Seated Cardio Workout 3 FL 10:30 Fit as a Fiddle 3 FL 11:00 Nature Walk 1:00 Aerobic Workout 3 FL 2:00 Bingo & Popcorn 2 FL 3:00 TED TALK / Let's End Ageism Live to be 100 2 FL</p>	<p>29</p> <p>10:00 Morning Stretch 3 FL 10:30 Aerobic Workout 3 FL 11:00 Fit as a Fiddle 3 FL 1:00 Seated Cardio 3 FL 1:30 Dollar Tree Shopping 3:00 Dart Game 2 FL 4:00 News & Views 2 FL 6:30 Bible Study w/ Bill 2 FL</p>	<p>30</p> <p>SALON OPEN</p> <p>10:00 Hallway Bowling 3 FL 10:30 Fit as a Fiddle 3 FL 11:00 Bible Challenge 2 FL 1:00 Aerobic Workout 3 FL 1:30 Wheel of Fortune 3 FL 3:00 B' Day Celebration w/ Hospice 2 FL</p>	<p>31</p> <p>10:00 Fit as A Fiddle 3 FL 10:30 Aerobic Workout 3 FL 1:30 Chair Yoga 3 FL 2:00 Euchre 2 FL 3:00 UNO 2 FL 3:30 Scrabble 2 FL</p>