

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10- Fit as a Fiddle 3 FL 10:30- David Jeremiah TV Worship (Ch. 363) 2 FL 2- Cards/Games 2 FL 3:30- Chair Yoga 3 FL</p> <p><small>May Day</small></p>	<p>2</p> <p>10- Fit as a Fiddle 3 FL 10:30- Name that Tune 1 FL 11- Spring Walk Outside 2- Weekly Reader 2 FL 3- Manicures 2 FL</p>	<p>3</p> <p>10- Chair Aerobics 3 FL 11:30- Lunch out – Arni’s 2- Glee Club 2 FL 3- Make Mother’s Day Bracelets 2 FL 4- Doo Wop Music (DVD) 2 FL</p>	<p>4</p> <p>SALON OPEN 10- Fit as a Fiddle 3 FL 10:30- Resident Meeting 2 FL 11- Librarian Visit 2 FL 2- Bingo 2 FL 3- Make Your Derby “Bets” & Derby Fun 2 FL</p>	<p>5</p> <p>10- Chair Aerobics 3 FL 10:30- Devotions 2 FL 1 Wal Mart Shopping 4- Chair Yoga 3 FL 6:30- Bible Study with Bill 2 FL</p> <p><small>Cinco de Mayo</small></p>	<p>6</p> <p>9:45- BP Checks 1 FL 10:15- Fit as a Fiddle 3 FL 11- Trivia: Flowers 1FL 2:30- Day Late Cinco de Mayo Celebration!! Margaritas, Snacks and Karaoke! 2 FL</p>	<p>7</p> <p>10- Fit as a Fiddle 3 FL 3:30- Chair Aerobics 3 FL 6- Kentucky Derby on TV (NBC)</p>
<p>8</p> <p>10- Fit as a Fiddle 3 FL 10:30- David Jeremiah TV Worship (Ch. 363) 2 FL Mother’s Day Lunch (See office for family reservations.)</p> <p><small>Mother’s Day</small></p>	<p>9</p> <p>10- Fit as a Fiddle 3 FL 11- Discussion: Who are Your Heroes? 1 FL 2- Weekly Reader 2 FL 3- Manicures 2 FL</p>	<p>10</p> <p>8- Podiatrist (Sign Up) 10- Chair Aerobics 3 FL 11:30- Lunch out- Culver’s 2- Glee Club 2 FL 3- Make Treat Bags for Emerg. Responders 2 FL</p>	<p>11</p> <p>SALON OPEN 10- Fit as a Fiddle 3 FL 10:30- Trivia: Weather Songs 2 FL 11- Current Events 1 FL 2- Bingo 2 FL 3:30- Deliver “Hero” Treat Bags</p>	<p>12</p> <p>10- Chair Aerobics 3 FL 10:30- Devotions 2 FL 2:15- Wal Mart Shopping 4- Chair Yoga 3 FL 6:30- Bible Study with Bill 2 FL</p>	<p>14</p> <p>9:45- BP Checks 1 FL 10:15-Fit as a Fiddle 3 FL 1 Spring Walk/ Patio Talk 2- Corn Hole/Darts 2 FL 3- Happy Hour/ Movie: “The Greatest Showman” 2 FL</p>	<p>14</p> <p>10-Fit as a Fiddle 3 FL 2- Cards/ Games 2 FL 3:30- Chair Yoga 3 FL</p>
<p>15</p> <p>10- Fit as a Fiddle 3 FL 10:30- David Jeremiah TV Worship (Ch. 363) 2 FL 2- Cards/Games 2 FL 3:30- Chair Yoga 3 FL</p>	<p>16</p> <p>10- Fit as a Fiddle 3 FL 10:30- Amazing Heroic Acts Caught on Video 2 FL 2- Weekly Reader 2 FL 3- Manicures 2 FL</p>	<p>17</p> <p>9:9:45- Bookmobile 10- Chair Aerobics 3 FL 11:30- Lunch out - Chicago Pizza 2- Glee Club 2 FL 3- All about Birds (Dining Room)</p>	<p>18</p> <p>SALON OPEN 10- Fit as a Fiddle 3 FL 10:30- Devotions: Who Are Your Spiritual Heroes? Billy Graham? The Gaithers? 2 FL 2- Bingo 2 FL 3- Board Game 2 FL</p>	<p>19</p> <p>10-Chair Aerobics 3 FL 10:30- Crosswords 1 FL 1 Wal Mart Shopping 4- Chair Yoga 3 FL 6:30- Bible Study with Bill 2 FL</p>	<p>20</p> <p>9:45- BP Checks 1 FL 10:15- Fit as a Fiddle 3 FL 1 Spring Walk/ Patio Talk 3- Hospice Birthday Party 2 FL 3:30- Movie: “Hidden Figures” 2 FL</p>	<p>21</p> <p>10-Fit as a Fiddle 3 FL 3:30- Chair Aerobics 3 FL 5:30- Journey North Rodeo Event (See Brenda for Reservations)</p> <p><small>Armed Forces Day</small></p>
<p>22</p> <p>10- Fit as a Fiddle 3 FL 10:30- David Jeremiah TV Worship (Ch. 363) 2 FL 2- Cards/Games 2 FL 3:30- Chair Yoga 3 FL</p>	<p>23</p> <p>10- Fit as a Fiddle 3 FL 10:30- Devotions 2 FL 2- Weekly Reader 2 FL 3- Manicures 2 FL 4- TV Theme Songs 2 FL</p> <p><small>Victoria Day (Canada)</small></p>	<p>24</p> <p>10- Chair Aerobics 3 FL 11:30- Lunch Out- Riviera Maya 12:30- Presbyterian Church 2 FL 2- Glee Club 2 FL 3- Make Birthday and Get Well Cards 2 FL</p>	<p>25</p> <p>SALON OPEN 10- Fit as a Fiddle 3 FL 11- Gardening in Back 2- Bingo 2 FL 3- Armchair Travel: Spain (Wine Down Wednesday with a Glass of Spanish Wine) 2 FL</p>	<p>26</p> <p>10-Chair Aerobics 3FL 10:30- Painting 2 FL 1 Wal Mart Shopping 4- Chair Yoga 3 FL 6:30- Bible Study with Bill 2 FL</p>	<p>27</p> <p>9:45- BP Checks 1 FL 10:15Fit as a Fiddle 3FL 11- Patriotic Music Sing-along 2 FL 1:30- Jackie’s Country Band 2 FL 3- Arlington Cemetery Documentary 2 FL</p>	<p>28</p> <p>10- Fit as a Fiddle 3 FL 2- Cards/ Games 2 FL 3:30- Chair Yoga 3 FL</p>
<p>29</p> <p>10- Fit as a Fiddle 3 FL 10:30- David Jeremiah TV Worship (Ch. 363) 2 FL 12- Indy 500 Race on TV (NBC) 3:30- Chair Yoga 3 FL</p>	<p>30</p> <p>10- Fit as a Fiddle 3 FL</p> <p>Memorial Day</p> <p><small>Memorial Day</small></p>	<p>31</p> <p>10- Chair Aerobics 3 FL 11:30- Lunch out (Resident Choice) 2- Glee Club 2 FL 3- Manicures 2 FL 4- Puzzles 2 FL</p>	<p>Happy Birthday Laurine H. 5/5; Martha D. 5/8; Lowell P. 5/14; Sandy Hinshaw 5/16; Iva S. 5/22</p> <p>Hero’s Month</p>			<p><i>Schedule subject to change.</i></p>