



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>9:30- Communion with Bill 2 FL 10- Fit as a Fiddle 3 FL</p> <p><i>Independent Activities</i> <small>New Year's Day</small></p>	<p>1 Fitness Challenge Begins: Win prizes for attending exercise classes</p> <p>10- Fit as a Fiddle 3 FL 10:30- Un-Decorate 2- Book Time 2 FL 2:30- Manicures 2 FL</p>	<p>10- Chair Aerobics 3 FL 2- Glee Club 1 FL</p>	<p>SALON OPEN</p> <p>10- Fit as a Fiddle 3 FL 10:30- Resident Meeting 2 FL 11- Librarian Visit 2 FL 2- Bingo 2 FL 3- Cornhole 2 FL</p>	<p>10- Chair Aerobics 3 FL 11- Small Group Bingo 2 FL 1:30- Wal Mart Shopping 4- Old Records 1 FL 6:30- Bible Study with Bill 2 FL</p>	<p>9:45- BP Checks 1 FL 10:15- Fit as a Fiddle 3 FL 11- Word Games 2 FL 2- Celebrate Elvis' Birthday with Mike Richardson 2 FL</p>	<p>10- Fit as a Fiddle 3 FL</p> <p><i>Independent Activities</i></p>
<p>9:30- Communion with Bill 2 FL 10- Fit as a Fiddle 3 FL</p> <p><i>Independent Activities</i></p>	<p>10- Fit as a Fiddle 3 FL 10:30- Bob Ross Painting Video 2 FL 2- Book Time 2 FL 2:30- Manicures 2 FL</p>	<p>10- Chair Aerobics 3 FL 10:30- Bead Painting 2 FL 2- Glee Club 1 FL 3:15- Flip It Cards 2 FL</p>	<p>SALON OPEN</p> <p>10- Fit as a Fiddle 3 FL 10:30- Uno Cards 2 FL 2- Bingo 2 FL 3-Darts 2 FL</p>	<p>10- Chair Aerobics 3 FL 11- Small Group Bingo 2 FL 1:30- Wal Mart Shopping 4- Snowball Toss 1 FL 6:30- Bible Study with Bill 2 FL</p>	<p>9- Library Pick-Up and Deliveries 1 FL 9:45- BP Checks 1 FL 10:15- Fit as a Fiddle 3 FL 2- Movie & Popcorn ("Casablanca") 2 FL</p>	<p>10- Fit as a Fiddle 3 FL</p> <p><i>Independent Activities</i></p>
<p>9:30- Communion with Bill 2 FL 10- Fit as a Fiddle 3 FL</p> <p><i>Independent Activities</i></p>	<p>10- Fit as a Fiddle 3 FL 10:30- Yahtzee 2 FL 2- Book Time 2 FL 2:30- Manicures 2 FL</p> <p><small>Martin Luther King Jr. Day</small></p>	<p>10- Chair Aerobics 3 FL 10:30-Snowman Craft 2FL 1- Presbyterian Church 2 FL 2- Glee Club 1 FL 3- Root Beer Floats 1 FL</p>	<p>SALON OPEN</p> <p>10- Fit as a Fiddle 3 FL 10:30- Take a Walk Indoors 1 FL Start 2- Bingo 2 FL 3- Cornhole 2 FL</p>	<p>10- Chair Aerobics 3 FL 11- Small Group Bingo 2 FL 1:30- Wal Mart Shopping 4- Hilarious Headlines 1 FL 6:30- Bible Study with Bill 2 FL</p>	<p>9:45- BP Checks 1 FL 10:15- Fit as a Fiddle 3 FL 11- Reminisce: Blizzard of 1978 1 FL 2- White Elephant Auction 2 FL 4- Peaceful Music 2 FL</p>	<p>10- Fit as a Fiddle 3 FL</p> <p><i>Independent Activities</i></p>
<p>9:30- Communion with Bill 2 FL 10- Fit as a Fiddle 3 FL</p> <p><i>Independent Activities</i> <small>Chinese New Year (Year of the Rabbit)</small></p>	<p>10- Fit as a Fiddle 3 FL 10:30- Learn about Chinese New Year 2 FL 2- Book Time 2 FL 2:30- Manicures 2 FL</p> <p><small>Activity Professionals Week</small></p>	<p>10- Chair Aerobics 3 FL 10:30- Craft Frames 2 FL 2- Glee Club 1 FL 3:15-Name the Decade Game 1 FL</p>	<p>SALON OPEN</p> <p>10- Fit as a Fiddle 3 FL 10:30- Make Russian Tea 2 FL 2- Bingo 2 FL 3- Darts 2 FL</p>	<p>10- Chair Aerobics 3 FL 11- Small Group Bingo 2 FL 1:30- Wal Mart Shopping 4- Trivia 1 FL 6:30- Bible Study with Bill 2 FL</p> <p><small>Australia Day (observed)</small></p>	<p>9:45- BP Checks 1 FL 10:15- Fit as a Fiddle 3 FL 11- Flip It Cards 2 FL 2- Movie & Popcorn ("Best in Show" a comedy) 2 FL</p>	<p>10- Fit as a Fiddle 3 FL</p> <p><i>Independent Activities</i></p>
<p>9:30- Communion with Bill 2 FL 10- Fit as a Fiddle 3 FL</p> <p><i>Independent Activities</i></p>	<p>10- Fit as a Fiddle 3 FL 10:30- All about Squirrels 2 FL 2- Book Time 2 FL 2:30- Manicures 2 FL</p>	<p>10- Fit as a Fiddle 3 FL 10:30- Musical Memories 2 FL 2- Glee Club 1 FL 3-Gifts for Homeless 1 FL</p>	<p>HAPPY BIRTHDAY!</p> <h1>January 2023</h1> <p>Joan S. 1/1; Richard H. 1/2; Glenn B. 1/12; Margaret P. 1/18; Suzanne 1/19</p>			